

# t-distributions

November 2025

# Motivation

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We know the population variance but not the population mean

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That's not really reasonable.

- ▶ Generally if we know one parameter we know the other
- ▶ Alternatively, if we don't even know the average value how would we know the spread?

We did it initially as a simplification step because it let's us use the normal distribution

- ▶ Only unknown in our sampling distribution was the mean,  $\mu$

# Where to go?

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Don't forget to ask the question Vinny!

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Plug in our sample variance,  $s^2$ ?

Yes! Buuut....

- ▶ Our sample variance itself is an estimate (of the population variance)
- ▶ Estimates (test statistic, confidence intervals) are built on top of estimates (estimated variance)
- ▶ Used the same data for both (eg double dipped)
  - ▶ AND we even have to use the sample mean to calculate the sample variance to then test the sample mean.....

# Is that a problem?

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Yes, yes it is a problem.

After a million simulations my 95% confidence interval calculated using the sample variance my coverage rate (intervals that overlap the mean) is down to 94.01%.

It's a small difference but it's a consistent problem

# In steps...William "Student" Gosset



# Solution

We can't use the normal distribution because it's optimistic

- ▶ Too optimistic (overly small intervals)
- ▶ Assumes we know a parameter that we actually have to estimate

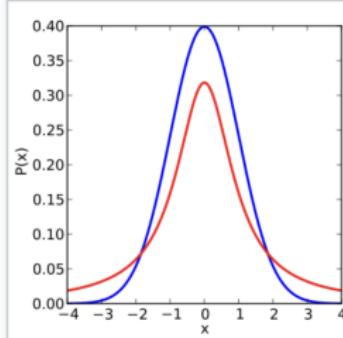
Gosset's big breakthrough...

- ▶ We can't use the normal distribution
- ▶ t-distribution is better (mathematically correct)
  - ▶ t-distribution is normal's shorter, fatter sibling
  - ▶ Requires "degrees of freedom" (discussed in a minutes)

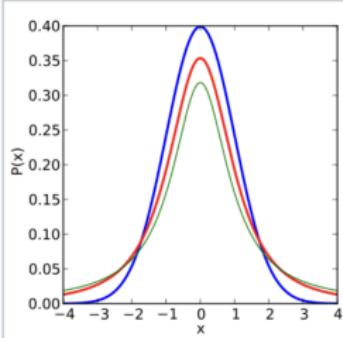
# Student's t-distribution

Density of the  $t$  distribution (red) for 1, 2, 3, 5, 10, and 30 degrees of freedom compared to the standard normal distribution (blue).

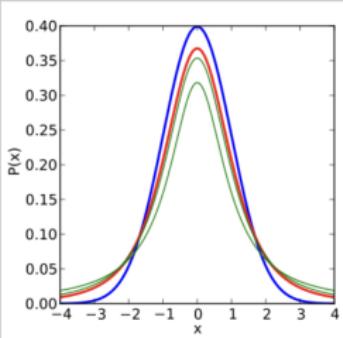
Previous plots shown in green.



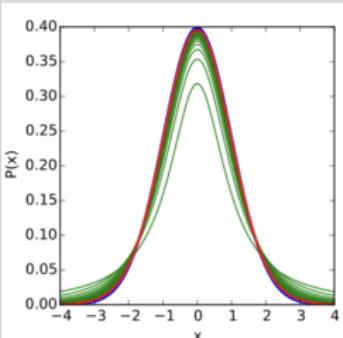
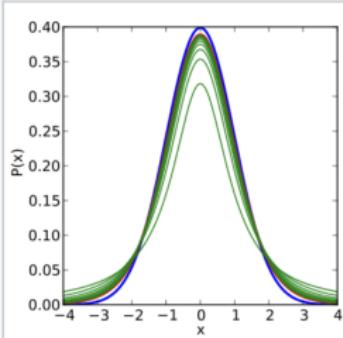
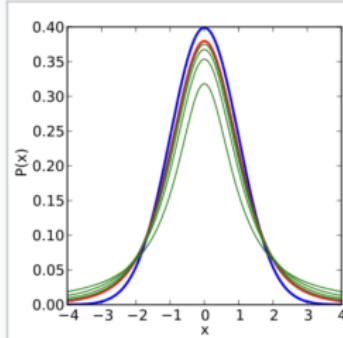
1 degree of freedom



2 degrees of freedom



3 degrees of freedom



# Degrees of Freedom?

So what *\*is\** degrees of freedom?

- ▶ It describes the shape of the t-distribution
  - ▶ Similar how the normal distribution needs a mean and variance
- ▶ It's an esoteric concept but there is a classic example
  - ▶ Sample = (-5, 2, 5, ??)
  - ▶  $\bar{x} = 0$
  - ▶ You can calculate ??
- ▶ For the t-distribution for a single mean (what we have) it's

$$d.f. = n - 1$$

- ▶ Literally just 1 less than your sample size
  - ▶ Does get more complicated later on

# So what changes for us?

Not a whole lot....

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## Hypothesis Testing

- ▶ Our test statistic now has a t dist and not a normal dist.
- ▶ We plug in  $s^2$  for  $\sigma^2$
- ▶ Have to calculate degrees of freedom

$$\frac{\text{mean} - \text{hypothesis}}{\sqrt{s^2/n}} \quad (1)$$

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## Confidence intervals

$$\text{estimate} \pm (\text{distributional value})(\text{st.error})$$

$$\bar{x} \pm t_{df}^*(\sqrt{s^2/n})$$

## t-test Example: Penguins! Again

Over the course of a few years in the mid-2000's a collection of body measurements were taken on 344 penguins, randomly selected, on some islands off of Antarctica.



## t-test Example: Set Up

My uncle: *The average penguin flipper length? I don't know Vinny I'd guess a foot long maybe*

Let's try to disprove my uncle's (unwilling) claim that a penguins flipper is about a foot long (305 mm).

## Hypothesis: Same as for a t-test

You must list exactly two hypothesis statements, the null and the alternative.

$$H_0 : \mu_{\text{flipper}} = 305$$

$$H_A : \mu_{\text{flipper}} \neq 305$$

Here we are trying to show there is a difference; that RJ's claim they the flippers are a foot long is just wrong.

## Sampling Distribution's Mean for a Hypothesis Test

Critical: During a hypothesis test we assume we *know* the population mean (via  $H_0$ )

- ▶ Z-test or t-test
- ▶ We assume the sampling distribution is centered at the population's mean
- ▶ We make some claim about the pop's mean in  $H_0$
- ▶ So plug in the hypothesized value from  $H_0$  into the sampling distribution

When we judge whether the results we got are unlikely or not; we are judging in effect how believable  $H_0$  is.

## Ex: Penguin Sampling Distribution

The real sampling distribution then is  $N(\mu, \sigma^2/n)$  which, when we plug in  $s^2$  for  $\sigma^2$  is

$$\bar{X} \sim N(\mu, 195/344)$$

where

- ▶  $\mu$  is the mean of our population
  - ▶ We can estimate it with our sample mean (200)
  - ▶ We can hypothesize its value
- ▶ 195 is our SAMPLE variance
  - ▶ Assumed known before we ever started talking about penguins
  - ▶ Very unrealistic short of an ornithologist savant
- ▶ 344 is our sample size

## Ex: Penguin's Test Statistic

For a t-test, the test statistic is the standardized observation so....

- ▶ The sample mean was 200
- ▶ Hypothesized mean is 305
- ▶ And the standard deviation for our sampling distribution is  $(\frac{s^2}{n})^{1/2} = (195/334)^{1/2} = .7341$ 
  - ▶ This is called the estimated **standard error**; it's the standard deviation of the sampling distribution

$$\frac{\bar{X} - \mu}{\frac{s}{\sqrt{n}}} = \frac{200 - 305}{.753} = -139.46$$

## p-value and decision

Need our degrees of freedom...

$$n - 1 = 344 - 1 = 343$$

$$\text{pt}(-139.26, \text{df} = 343) = 3.172628\text{e-}304 \approx 0$$

Decision: We have very strong evidence the mean flipper length is not 305mm.